

TRACKING ...

NEWS



Army's top NCO
to visit installation
PAGE 3



Christian singer
energizes troops
PAGE 13

UP CLOSE

DSS commandant
bids farewell

PAGE 11

INDEX

News	3-16	Happenings	22
Year of the NCO	9	Health	23
Veterans	10	Chapel	24
Up Close	11-12	Legal/IG	25
Op-Ed	17	FMWR	28
Around Post	18-19	Police	29

The Fort Jackson Leader



Thursday, September 17, 2009

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil



Photo by SUSANNE KAPPLER

Second Lt. Mario Bullock, executive officer of Company D, 3rd Battalion, 13th Infantry Regiment, pays his respects to Spc. Christopher Hogg during a memorial service Monday at the Solomon Center.

Painful loss

Battalion mourns death of BCT Soldier

By SUSANNE KAPPLER
Fort Jackson Leader

The Fort Jackson community mourned the loss of one of its Soldiers during a memorial service Monday at the Solomon Center. Spc. Christopher Hogg, Company D, 3rd Battalion, 13th Infantry Regiment died Sept. 10 after being hospitalized for one week at Palmetto Health Richland Memorial Hospital with pneumonia.

Hogg was remembered by his commanders, drill sergeants and comrades in Basic Combat Training as a quiet, but highly motivated Soldier who drew strength from his faith and was close to his family.

"Chris was no ordinary young man. He

was an example of the best our nation has to offer," said Lt. Col. Benjamin Higinbotham, 3-13th commander. "Chris Hogg's exemplary life shows us that what measures you ... is not how many days you've had, but how you lived those days."

Hogg, 23, enlisted in the Army in July and wanted to become a cryptologic linguist. He was a graduate of Stetson University, but chose to serve his country instead of pursuing

“ All he wanted was to wake up in ACUs and boots with an M16A2 rifle next to him. ”

— Pvt. Daryl Tippens
Company D, 3-13th

a civilian career in information technology.

"Spc. Hogg was very motivated. He put his best foot forward with every single thing he did," said Pfc. Richard Seyfang, a Soldier in Hogg's platoon.

Hogg was also remembered for keeping a positive attitude, even when things were tough in basic training.

See BCT: Page 8

Chaplains answer call to serve Soldiers

I am hard pressed to find the right words to describe the Army chaplaincy without repeating accolades that undoubtedly have been voiced many times in the last couple of hundred years of the Army Chaplain Corps' existence.

That's correct. The Army Chaplain Corps is 234 years old and, coincidentally, chaplain assistants are celebrating their 100th year of existence this year.

I could not even imagine our Army without the support of our religious and spiritual leaders and ministry teams.

They always seem to be there, whenever and wherever we need them. From stateside posts to remote locations downrange, from service schools to military hospitals, chaplains and their assistants are always present with their Soldiers to provide religious and spiritual support.

Currently, more than 2,700 chaplains are serving the Army, representing more than 130 religious organizations. More than 1,000 chaplains and their assistants are deployed in support of operations around the globe.

Here on Fort Jackson, the numbers are equally as impressive. There are 25 chaplains and chaplain assistants assigned to provide religious support to Fort Jackson, with a primary purpose of ensuring the religious freedom of Soldiers by providing religious services, programs and activities.

The chaplains and chaplain assistants do this exceptionally well on Fort Jackson. The 25 unit ministry teams provide 37 various worship services each week, in seven

**BRIG. GEN.
BRADLEY W. MAY**
*Fort Jackson
Commanding
General*



chapels, and other classrooms and auditoriums across post. It is worthy to note that Fort Jackson has also some of the highest weekly attendance numbers in the Army. Attendance ranges between 4,000 and 7,000. One service alone in the Solomon Center had more than 4,000 worshippers in attendance.

That is huge, by any standards. What transcends far beyond all of the pulpits is the fact that chaplains are Soldiers. They understand us because they experience the same hardships, difficulties and dangers that we do.

Nearly all of our chaplains on post have been downrange. Some of them have been deployed to combat areas more than once. Fifty percent have prior military experience.

One is a retired command sergeant major. One is a former drill sergeant. Two were senior NCOs. One was a Ranger company commander. Another was a signal offi-

cer, and another an armor officer. Two are West Point grads ... and the diverseness goes on.

The empathy and diversity allow chaplains to relate to other Soldiers in a very special way. The fact that chaplains "have been there," so to speak, helps them provide effective counseling, advice and care for those Soldiers experiencing problems. Our chaplains understand Soldiers, and they understand the Army.

Our chaplains are perfect for providing counseling and ministry to the Soldiers in training and the cadre who train those Soldiers. They know what the cadre and their families have been through and they understand exactly what these Soldiers will face.

In the nearly eight years of combat in which we have been involved, our Soldiers have felt the stress. It is no secret that a growing number of Soldiers are dealing with mental and emotional issues, and there is a suicide rate that has each and every Army family member deeply concerned. Our chaplains have stepped up their effort to mitigate these issues. They are working hard with the Comprehensive Soldier Fitness program to supply products to increase our spiritual fitness.

They are answering their call, the same call that has been answered for 234 years, serving as spiritual and religious leaders for 25 million Soldiers and their families. Could I add more praise for our spiritual caregivers? Absolutely. But I think you already get the picture.

Army Strong!

The Fort Jackson **Leader**

Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Company a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson.

The civilian printer is responsible for commercial advertising.

For display advertising rates and information: call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29202 For classified advertising information only: call (800) 698-3514 or e-mail skaress@ci-camden.com or fax (803) 432-7609.

To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@conus.army.mil.

Commanding GeneralBrig. Gen. Bradley W. May
Garrison CommanderCol. Lillian A. Dixon
Public Affairs Officer Karen Soule
Command Information Officer .. Joseph Monchecourt
Editor Crystal Lewis Brown
News editor/Staff writer..... Susanne Kappler
Online editor/Staff writer..... Mike A. Glasch
Staff writer Steve Reeves
Staff writer Delawese Fulton
Web site www.jackson.army.mil

Ask the garrison commander about:

Dwell time at home stations

What is dwell time?

Dwell time is the time a Soldier spends at the home station between combat deployments, operational deployments (non-combat) or dependent restricted tours.

I have not deployed, so what is my dwell time?

The eMILPO system calculates dwell time according to the Based Active Service Date, Pay Entry Basic Date or Date of Initial Entry into Military Service date.

Is dwell time data displayed on the promotion board Officers Record Brief?

No, dwell time data is masked on all promotion board ORBs and will not affect the award of Overseas Service Ribbons.

I am tired of paying \$30 to \$40 to have my car's oil and filter changed. Does FMWR have a place where I can do this myself?

The FMWR Auto Craft Shop is open Monday, Thursday and Friday, 1-9 p.m., and Saturday, Sunday and holidays from 9 a.m. to 5 p.m. It is closed on Tuesday and Wednesday.

All eligible users are required to take a safety course

**COL.
LILLIAN A. DIXON**
*Fort Jackson
Garrison
Commander*



prior to using the shop. The safety video runs approximately 70 minutes. The shop charges a small bay fee and patrons can perform various type of vehicle maintenance and repairs.

The normal cost for an oil change is approximately \$16 for standard oil, which includes the oil and filter. The shop has 23 stalls, lifts and floor jacks.

GARRISON FACT OF THE WEEK

Most auto service advisers recommend that a vehicle's oil and filter be changed every 3,000 to 5,000 miles. You may also want to change your oil more often if you live in extremely hot or cold climates, drive on dirty roads frequently, haul heavy loads or trailers or your engine is old and burns oil.

To submit questions, call 751-2842, or e-mail scott.nahrwold@conus.army.mil.

LEADER INFORMATION

☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 1 *Leader* must be sub-

mitted by today.

☐ Announcements are due one week before the scheduled publication. For example, an announcement for the Oct. 1 *Leader* must be submitted by Sept. 24.

☐ Send all submissions to FJLeader@conus.army.mil or call 751-7045.

☐ For questions regarding advertising call 1-800-698-3514 or (803) 432-6157.

Top enlisted Soldier scheduled to visit

By **STEVE REEVES**
Fort Jackson Leader

The Army's top noncommissioned officer is visiting Fort Jackson next week to visit with Soldiers and give his thoughts about critical issues currently facing the Army.

Sgt. Maj. of the Army Kenneth Preston will spend much of Tuesday at Fort Jackson. Preston's itinerary includes attending a change of responsibility ceremony Tuesday morning of the Drill Sergeant School. Preston will later eat lunch with Soldiers from the 369th Adjutant General Battalion.

Preston's visit coincides with the 369th Adjutant General Battalion's Command Sgt. Maj. Teresa King becoming the next commandant of the Drill Sergeant School. She will be the school's first female commandant.

Preston will also be the speaker at the Lt. Gen. Timothy J. Maude Leadership Lecture Series, which is scheduled for 3 p.m., Tuesday in the Solomon Center. The lecture series is meant to inspire young Soldiers to become

strong leaders in the Army.

Command Sgt. Maj. Darlene Hagood, the regimental command sergeant major of Fort Jackson's Adjutant General School and the AG Corps, said it is fitting for Preston to come to Fort Jackson for the Drill Sergeant School's change of responsibility ceremony, as well as the Maude lecture series, since this year has been designated as the Year of the NCO.

"Jackie Robinson said, 'A life is not important except in the impact it has on other lives,'" Hagood said. "'Impact' is what Sergeant Major of the Army Kenneth O. Preston makes every day in the lives of Soldiers and their families while serving in our Army's senior enlisted position."

Hagood said Preston sets an example for all Soldiers to follow.

"On a daily basis he executes the Maude Foundation's mission to preserve ... Maude's legacy of taking care of



PRESTON

Soldiers in America's Army," Hagood said. "Lt. Gen. Timothy J. Maude had a passion for Soldiers and developing leaders. Sgt. Maj. of the Army Preston shares that passion. We look forward to hearing his thoughts next Tuesday as we celebrate Lt. Gen. Maude's legacy and the Year of the NCO."

Preston became the 13th Sergeant Major of the Army in 2004. He has held a variety of leadership positions throughout his 34-year career, ranging from cavalry scout to command sergeant major.

As Sergeant Major of the Army, Preston serves as the Army Chief of Staff's personal adviser on all enlisted-related matters, particularly in areas affecting Soldier training and quality of life. He devotes the majority of his time to traveling throughout the Army observing training, and talking to Soldiers and their families.

Steven.parrish2@us.army.mil

Pledge of support



Photo by SUSANNE KAPPLER

Brig. Gen. Bradley May, Fort Jackson commanding general, fills out his pledge card for the Combined Federal Campaign in his office Friday. The campaign collects donations from service members and federal employees and runs through Dec. 31.

Suicide prevention



Photo by SUSANNE KAPPLER

Chaplain (Maj.) James Smith, family life chaplain, speaks at the World Suicide Prevention Day Service Sept. 10 at the Main Post Chapel. The service was one of Fort Jackson's activities during National Suicide Prevention Week.

New site prepares interpreters for BCT

By STEVE REEVES
Fort Jackson Leader

A new initiative gives Soldiers aiming to be interpreters/translators a head start on learning military skills before they arrive at Basic Combat Training.

Fort Jackson's Company D, 120th Adjutant General Battalion (Reception) held a ribbon-cutting ceremony Sept. 9 for its new training site designed to reduce the language barrier experienced by many Soldiers who join the Army and learn English as a second language before shipping to BCT.

The new program tests and evaluates Soldiers who enter the Army to be Arabic interpreters/translators on tasks such as reacting to indirect fire and evaluating a casualty.

Soldiers are assigned to the 120th for as long as six months as they learn English as a second language. They are then assigned to a BCT battalion and, after they graduate, attend Advanced Individual Training for their military occupational specialty, 09L.

Capt. Dwayne Wade, commander of Company D, 120th, said the training site will give Soldiers a solid hands-on familiarization with military tasks and help them overcome the language barrier that many Soldiers who learned English as a second language often encounter.

"This training site is designed to reduce or even eliminate the language barrier they might encounter with drill sergeants at BCT," Wade said. "They can see now what they are going to be asked to do at BCT and ask questions so they are on the same page as other Soldiers entering BCT from traditional processing."

A group of Soldiers gave a demonstration of the training site, which is a converted PT field, after the ribbon-cutting ceremony. The Soldiers were given the task of conducting a foot patrol, during which they came under "enemy" fire and retrieved and treated an injured Soldier.

The Soldiers completed tasks such as movement drills, reacting to direct fire, throwing hand grenades and having a casualty evacuated.

Before the training site opened, the Soldiers' training on the tasks they will be asked to perform at BCT consisted primarily of lectures. Wade said the hands-on, practical military skills training, coupled with the English language training, will give the Soldiers a huge boost once they arrive at BCT.



Photo by STEVE REEVES

Soldiers from Company D, 120th Adjutant General Battalion (Reception) conduct a mock patrol at a new training site Sept. 9. The site is designed to help Soldiers training to be interpreters overcome the language barrier. All of the Soldiers in the company have learned English as a second language.

CAMPAIGN PLAN FOCUS



The new training site supports the campaign objective "provide Soldiers in support of ARFORGEN" (2.0 on the strategy map). Training is one of the three lines of operation of the Fort Jackson campaign plan.

benefit from the training, said Staff Sgt. Frederick Harris, a drill sergeant with Company D, 120th.

"It gives a breath of fresh air to the drill sergeants at BCT," Harris said. "Now we're sending an 09L to BCT who is not only confident and proficient, but who has a vision of the core Army values and what is expected of (him)."

More than 90 percent of Soldiers who have gone through the training program since it was first implemented three months ago have graduated from BCT and gone on to 09L training.

Col. Karl Reed, commander of the 171st Infantry Brigade, praised the new training initiative and the Soldiers of the 120th who made it happen.

"This is a great initiative by the 120th that gives a Soldier who speaks another language a better fighting chance to graduate from BCT and contribute to our Army," Reed said.

Steven.Parrish2@us.army.mil

Post internet, phone services to receive upgrade

By DELAWESE FULTON
Fort Jackson Leader

Internet and telephone connectivity at more than 100 buildings on Fort Jackson will be upgraded in the next three years.

The Installation Information Infrastructure Modernization Program, or I3MP, is an Army-wide effort to ensure that its communication services and technology are current and efficient.

Fort Jackson is the latest Army installation to have its network connectivity upgraded from traditional copper wires and digital subscriber line DSL technology to fiber optic cables.

The fiber optic connectivity will make network connections "10 times better," said Kathy Hayes, chief of the Directorate of Information Management's Service Management Division at Fort Jackson.

"Your network services will be better overall," she said.

The technology will allow for faster network connections and clarity.

I3MP, a \$12 to \$15 million project, will be paid for by the Army. It has been more than five years since Fort Jackson had its last network connectivity upgrade, Hayes said. And that transition went smoothly.

However, this one will likely involve a bit more construction, which may cause some traffic delays. Hayes also said that this project will require an extensive amount of digging as cables are laid underground.

This technology upgrade will also allow Fort Jackson to bring on line an additional 10,000 telephone numbers that have been assigned to the installation for its organizations and residences, said Willard Moore, acting telephone site manager.

Also with this project, Moore said the

Army will implement the standardization of its dialing plan for Defense Switched Network and long-distance calls at Fort Jackson.

The DSN phone and telecommunication service is used when official business, or matters in the interest of the government, is being conducted between DoD organizations.

Moore said the Army's standardization of the DSN network includes using the dialing prefix of 99 to dial off post and the prefix 94 to access a DSN number.

The construction contract for the I3MP project is expected to be awarded January 2010. Bidding for the project is expected to start next month.

It will take up to three years before all network upgrades and new services are available, Hayes said.

Delawese.Fulton@us.army.mil

CAMPAIGN PLAN FOCUS



The I3MP project supports the major objective "implement technology modernization plan" (8.3 on the strategy map). It falls under support and sustainability, one of the three lines of operation of the Fort Jackson campaign plan.



Photo by STEVE REEVES

Staff Sgt. William Puckett, left, 17th Military Police Detachment, instructs Spc. James Smith on how to evaluate a casualty during a training session for the 68th Warfighter Team Competition, which takes place this week at Fort Leonard Wood, Mo. The competition pits teams from across the Army against one another in a test of technical and tactical proficiency.

MPs show off their skills in Army-wide competition

By STEVE REEVES
Fort Jackson Leader

A group of Soldiers from Fort Jackson's 17th Military Police Detachment is hoping a lot of hard training will pay off at this week's 68th Warfighter Team Competition.

The 17th MP Detachment sent five Soldiers to Fort Leonard Wood, Mo., to take part in the competition, which tests Soldiers on their tactical and technical proficiency over a grueling five day period.

The completion is similar in many ways to the Best Ranger Competition, which pits two-man Ranger teams against one another in a difficult test of combat readiness and mental toughness.

"I would say the Warfighter Team Competition is the ultimate test of the MP Soldier in today's Army," said Staff Sgt. Thomas Davis, operations NCO for the 17th. Davis serves as one of the coaches for the 17th's warfighter team and is a former competitor.

About three dozen five-member teams from Army posts around the world have entered the competition. A team consists of three Soldiers and two alternates.

The teams will compete in various events that test their proficiency in a number of warrior skills, battle drills and weapons. They also are required to take a physical assessment test as well as a written test that covers a broad range of topics such as map reading and leadership.

"The toughest part of the competition is actually the

mental aspect," Davis said. "The physical part we train for so much that it becomes second nature."

"You have to be ready for anything. You train for everything but you might only be tested on a few things," Davis said. "That's what makes it so exciting."

Davis said the team has been training nearly every day for almost two months. He said the training has allowed the team members to hone their combat skills.

"It's pretty intense training," Davis said. "The competition will give them a great opportunity to put to work all the training they've been through."

Spc. James Smith, an MP with the 17th and one of the warfighter team members, agrees that the training has been intense.

"We've been doing a lot of runs and ruck marches to keep our endurance up," Smith said. "I think we'll do fairly well. We've been doing a lot of realistic training."

First Sgt. Ellsworth Evans of the 17th MP Detachment said many of the teams competing have a more combat-oriented mission than the 17th, which has a law enforcement mission.

That gives those teams an advantage in the combat-skills oriented Warfighter Team Competition, but Evans said the advantage can be overcome with hard work.

"If we can go up against all of these combat units and set ourselves apart from them, that will say a lot about our training and our NCOs," he said.

Steven.parrish2@us.army.mil

New rule clears path to federal jobs for spouses

By SUSANNE KAPPLER
Fort Jackson Leader

A new rule took effect Friday that allows qualified military spouses to be hired for federal jobs non-competitively.

Eligible are spouses of active-duty service members who move because of a permanent change of station; spouses of separated or retired service members, who are 100-percent disabled; and unmarried widows and widowers of service members who died on active duty.

Spouses have up to two years after a PCS move to make use of the rule, but can do so only once per PCS move. Applicants must meet the qualifications required to fill the position.

Fort Jackson Army Community Services Employment Readiness and the Civilian Personnel Advisory Center will be offering seminars for interested spouses. The classes are scheduled for Oct. 20 and 27 and Nov. 3, 10-11 a.m. To register, call 751-4862.

Susanne.Kappler1@us.army.mil

Time to use excess leave running out

Special to the Leader

From Oct. 1, 2008 through Sept. 30, 2010, Soldiers on active duty may carry forward up to 75 days of unused leave into the new leave year, which begins Oct. 1. Accumulated leave in excess of 75 days cannot be carried forward, and accumulated leave balances in excess of 75 days either must be used or forfeited.

Accumulated leave that exceeds 75 days on Sept. 30 will automatically convert to 75 days on Oct. 1. There are no exceptions.

For example, a Soldier has 85 days of accumulated leave by Sept. 30. The Soldier has taken no leave to reduce this leave balance. On Oct. 1, the leave balance will convert to 75 days. The Soldier will forfeit 10 days of leave.

Soldiers are encouraged to look at their August 2009 Leave and Earnings Statement under "leave lost" to ensure that the number is "0." If a number other than a zero is listed and the Soldier has more than 75 days of accumulated leave, he or she will need to take leave before Oct. 1 in order to avoid forfeiting the extra days.

This does not affect the special leave accrual for Soldiers returning from OCONUS special leave accrual areas. These Soldiers have several fiscal years to use leave earned under this program.

CONTACTING THE LEADER

To contact the *Leader* about story ideas or announcements, e-mail FJLeader@conus.army.mil.

BCT Soldier remembered

Continued from Page 1

“We were tired. We were weak,” said Pvt. Daryl Tippens, also in Hogg’s platoon. “He smiled and said, ‘It’s only a part of the training.’”



HOGG

Pfc. Joel Birch said Hogg’s death had a profound effect on the entire platoon.

“When we first heard the news, we were shocked and very disheartened,” he said.

But the tragedy also inspired the platoon to pull together and focus on graduating, Birch said.

“We need to do this for Spc. Christopher

Hogg, because that was the (kind of) Soldier he was,” he said.

Sgt. 1st Class Anthony Edwards, one of Hogg’s drill sergeants, remembered how Hogg displayed leadership ability early in basic training by motivating other Soldiers to overcome their fear of height on Victory Tower.

“Spc. Hogg was going to be a true Soldier who had the potential to one day lead and command troops,” Edwards said. “He will forever be missed and will always be a ‘40 Rounds’ Soldier.”

Hogg, who hailed from Deltona, Fla., is survived by his mother and stepfather, Sarah and Gregory Wybo, his father Christopher Hogg and his sister and brother-in-law, Alicia and Nathan Adams. Hogg was scheduled to graduate Oct. 15.

“All he wanted was to wake up in ACUs and boots with an M16A2 rifle next to him,” Tippens said.

Susanne.Kappler1@us.army.mil

Food service award



Courtesy photo

Col. Jeffrey Cairns, IMCOM deputy regional director, presents employees of the 2nd Battalion, 39th Infantry Regiment dining facility with the runner-up award for excellence in food service.

Customer Management System

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments.

This feedback enables the garrison to focus on specific actions aimed at improving customers’ experiences of post services.

A complete list of Community FIRST issues can be found at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>.

New issues may be submitted on the site as well, by clicking on “Submit an Issue or Recommendation” or on the Community FIRST/AFAP Logo.

Whether it affects individuals and constituent groups here at the installation level or throughout the Army, feedback is important.

“Let your voice be heard!”

Softball champs



Courtesy photo

Eric Stout, Recruiting and Retention School, fields his position during this year’s softball championship. RRS won the title by beating 4th Battalion, 10th Infantry Regiment in the championship round.

LEADER INFORMATION

The *Leader* welcomes reader submissions. When submitting an article, photo or announcement, please adhere to the following deadlines:

☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the Oct. 1 *Leader* must be submitted by today.

☐ Announcements are due one week before the scheduled publication. For example, an announcement for the Oct. 1 *Leader* must be submitted by Sept. 24.

☐ Send all submissions to FJLeader@conus.army.mil.

☐ For more information, call 751-7045.

☐ For questions regarding advertising or subscriptions, call 432-6157.

☐ Follow us on Twitter at www.Twitter.com/FortJacksonPAO. Become a “fan” by visiting www.Facebook.com and search “Fort Jackson Leader.”



Dudzienski: ‘Find a good mentor’

Rank, name
Staff Sgt. Jeffrey Dudzienski

Unit
Company D,
1st Battalion, 61st Infantry Regiment

Military Occupational Specialty / Job title
42R, band member / drill sergeant

Years in service
8

Family
Married, three children

Highest education
Associate degree

Hobbies
Reading nonfiction and contemporary fiction, running half-marathons and marathons, watching baseball

Staff Sgt. Jeffrey Dudzienski has played music since he was a fifth-grader, and now after eight years of being a percussionist in the Army, he will take on a new role in civil affairs in January.

“With this new classification, I am very excited about this new challenge,” Dudzienski said.

In his new career, Dudzienski said he will be part of a team of Soldiers who work to secure a positive relationship between the Army and the local community, which will be affected by a mission of the Army.

“A big goal for me is to embrace that,” he said.

Dudzienski said he treasures his time as an Army bandsman. His most memo-



Photo by DELAWESE FULTON

Staff Sgt. Jeffrey Dudzienski, right, explains to one of his Soldiers the proper way to stand at attention.

NCO spotlight

rable military experience comes from entertaining others with music.

About two years ago, Dudzienski was deployed to Afghanistan as a member of Fort Bragg’s 82nd Airborne Division band. The band played for NATO Soldiers there.

“We gave them a break from their ordinary routine as Soldiers. It was an awesome experience,” he said.

Before being assigned to Fort Bragg, N.C, Dudzienski had assignments at Fort Benning, Ga.; the Armed Forces School of Music, Norfolk, Va.; and Fort Sill, Okla.

He said NCOs he met and observed along the way helped him become the leader he is today — they influenced him most as a Soldier.

“They were always prepared ... and had a desire to make the mission succeed while empowering people,” he said.

Moreover, Dudzienski said he admires how the NCOs were able to reset and stay motivated through extended training missions.

Dudzienski encourages junior Soldiers to pay close attention to their NCOs.

“Take advantage of the NCOs that you see (who) can inspire you, and (who) can be a good mentor.”

We salute you!

The NCO Creed

No one is more professional than I. I am a non-commissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.”

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient.

I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

CONTACTING THE LEADER

To contact the *Leader*, e-mail FJLeader@conus.army.mil or call 751-7045.

VETERANS IN THE COMMUNITY

Veteran keeps war dogs’ history alive

By **TERESA SANDERSON**
Leader Correspondent

A beautiful black and white Siberian Husky named Buck, wearing a worn leather harness sits quietly in front of the solemn black granite wall. Buck hears a voice that says, “I knew your master.” He searches from one end of the wall to the other for the source of the voice and hears the words again, “I knew your master.”

After a few minutes, Buck looks past the names etched on the wall and sees the image of a silvery-gray German shepherd. Then, an image of another dog appears inside the wall. Buck recognizes the two dogs as Kelly and Tiger from the pictures on his master’s wall at home.

Dozens of other dogs come forward looking to see if their handlers had come to the wall. They had waited in Vietnam for their handlers to take them home, but their masters never came back for them. As the dogs talked, Buck agreed to tell each of their stories.

The story is set in October 2000 at the

4th Vietnam Dog Handlers Reunion at the Vietnam Wall in Washington and is told at the beginning of the book Buck’s Heroes by Johnny Mayo.

Mayo, the dogs’ master, served with the 39th Scout Dog Platoon in Vietnam as a scout dog handler. On that beautiful fall day at the Vietnam Wall, Mayo began a new mission — to tell the stories of the American servicemen who walked point in Vietnam and the dogs they loved.

Immediately upon arriving in Vietnam, Mayo began working as a scout dog handler. Four days after Mayo and his dog Tiger teamed up, Tiger hit a trip wire and his career as a war dog ended.

Mayo’s next partner, Kelly, would continue Tiger’s mission and protect his handler for the rest of his tour in Vietnam.

Thousands of men in Vietnam owe their lives to the brave four-legged heroes who risked their lives and served faithfully.

Mayo was born in Columbia and was drafted into the Army in 1969. He attended Basic Combat Training and Advanced Individual Training at Fort Jackson



Courtesy photo

Johnny Mayo is pictured with his dog Kelly in Vietnam. Mayo served as a scout dog handler.

and received infantry training at Fort Benning, Ga., where he volunteered to be a scout dog handler.

He was assigned to the 39th Scout Dog Platoon, attached to the 173rd Airborne

Brigade, in 1970-1971. During this time, he served as a point man with his faithful companions Tiger and Kelly. On Feb. 21, 1971 he fell into a punji pit, receiving injuries that would end his military career.

His awards include the Bronze Star, Purple Heart, Combat Infantryman’s Badge, Air Medal and other Vietnam service medals.

He is a member of the Celebrate Freedom Foundation, Military Vehicle Collectors of South Carolina, American Legion, Military History Club, Vietnam Dog Handlers Association and the National War Dog Advisory Committee. Mayo has been featured on CBS, PBS and in an episode of Oliver North’s War Stories.

Thanks to Mayo and Buck’s Heroes, the stories of the 4,000 dogs that served in the Vietnam War have become accessible to everyone.

Only 204 of the dogs survived and went to other military assignments during the war. The rest of the war dogs did not survive. For more information on the war dogs, contact Johnny Mayo at 767-6756 or at www.BucksHeroes.com.

Buck, handler give recognition to scout dogs

The story of Johnny Mayo’s Siberian Husky named Buck touched my heart in a way I never thought possible.

After Buck’s visit to the Vietnam Wall in October 2000, he became an ambassador to honor the war dogs and their dog handlers who served together in Vietnam. Buck was able to give recognition to the war dogs that gave early warnings of the enemy, an ambush or a sniper while assisting in the detection of tunnels or other storage devices.

Buck’s mission started as Mayo’s 9-year-old companion, but throughout the remaining years, he touched the lives of the thousands of friends he made. Buck inspired Mayo’s War Dog Wall — a tribute to the service and sacrifices of the war dogs.

Buck traveled more than 25,000 miles, with his journey spanning places from New York to Florida.

Buck was Mayo’s faithful companion for more than 15 years until he died in 2006. After Buck died, he was recognized by Congress for his faithful service to the war dogs and their handlers. Buck was also honored with a color guard of Vietnam dog handlers and a two-plane fly-over.



VETTING VETERANS

By **TERESA SANDERSON**
Leader correspondent

Buck helped Mayo fulfill the principles of the Vietnam Dog Handler’s Association by educating the public of the accomplishments of the dog handlers in Vietnam, by providing the history of the use of dogs in wartime, and by providing fellowship among the dog handlers. Sponsored by the Celebrate Freedom Foundation, the team educated children, promoted patriotism and honored the military.

Thanks to Mayo and Buck, I have a warm place in my heart for the thousands of four-legged war heroes who protected their handlers, loved their job, but never made it home.



Courtesy photo

Johnny Mayo’s dog Buck looks at the Vietnam Wall. The scene is featured in Mayo’s book Buck’s Heroes about the war dogs in Vietnam.

School's out for DSS commandant

Command Sgt. Maj. Gary Newsome to retire after 29 years of service

By **MIKE A. GLASCH**
Fort Jackson Leader

When Command Sgt. Maj. Gary Newsome entered the Army in 1980, he did not realize that he would end up making history.

When the North Carolina native hands over the reins of the U.S. Army Drill Sergeant School Tuesday, Newsome will not only retire from uniform, he will end his term as the first commandant of the only school in the Army designated to train non-commissioned officers to train new Soldiers.

"Consolidating three schools into the one that we have now was one of my biggest challenges, and also one of my biggest accomplishments as commandant," Newsome said. "We went from having about 80 students to having up to 400 students at one time."

When Newsome came to Fort Jackson three years ago, the school was one of three in the Army. Since then, the drill sergeant schools at Fort Benning, Ga., and Fort Leonard Wood, Mo., were closed and merged with the school here to create one consolidated school.

"The challenge was finding a facility here on Fort Jackson that would accommodate closing those schools and continuing with the extended load here at Fort Jackson, to never stop any classes from occurring," Newsome said. "We not only had to close those other two schools, but I had to find a facility here on Fort Jackson that would accommodate an extended student load."

Also under his tenure, Newsome has overseen changing how and what drill sergeants are taught, especially when it came to marksmanship. Introduced in January, the Combat Assault Rifle Training Course

increased marksmanship training from four days to 11 days. CARTC is a three-phase program designed to take the emphasis off of weapons qualifications and teach Soldiers how to react in a combat situation.

"We were trying to come up with a program that would not only show noncommissioned officers how marksmanship is instituted in BCT, but we wanted to educate the NCOs, the subject matter experts, so they could go down and teach Soldiers marksmanship," Newsome said.

Having been a drill sergeant himself, Newsome knows first-hand the struggles and stresses his students face. He admits it takes a lot of motivation to perform one of the hardest jobs in the Army.

"To be a successful drill sergeant you have to have a desire to do this. This is a special job," he said. "We have a lot of NCOs here coming out of combat. This is not their preferred unit of assignment. Not only do we have to train and prepare them to be drill sergeants, we have to inspire them to do this. It is a challenge for them."

"Some of them are trying to reintegrate themselves back into the home living, but still find themselves away from home many hours of the day. It's kind of a unique NCO we have coming to the Drill Sergeant School."

Newsome will be replaced by Command Sgt. Maj. Teresa King, who will be making a little history of her own as the first female commandant of the school.

As for advice to his replacement, Newsome said for King to, "Just have fun. This will probably be one of the most rewarding jobs she'll ever have."

The change of responsibility ceremony is scheduled for 9 a.m., Tuesday, in front of post headquarters.

Michael.Glasch@conus.army.mil



Photo by MIKE A. GLASCH

Command Sgt. Maj. Gary Newsome, commandant of the Drill Sergeant School, will hang up his campaign hat and retire from the Army after giving up responsibility of the school on Tuesday.

Chaplain assistants turning 100

By **SUSANNE KAPPLER**
Fort Jackson Leader

On any given Sunday, Fort Jackson hosts 36 worship services to allow Soldiers from different religions and denominations to practice their faith. Whereas chaplains are in the forefront during the services, those who prepare the events work mostly behind the scenes.

“Chaplain assistants make religious support happen,” said Chaplain (Lt. Col.) Daniel Wackerhagen, deputy installation chaplain. “A lot of planning, coordination and execution go into religious services, events and activities. These events are very important to those who attend and participate. There is no room for error. From worship services to weddings to funerals to marriage enrichment training, chaplain assistants are there making sure that things are done to the highest standard possible.”

The military occupational specialty “chaplain assistant” was first established 100 years ago this December. The first chaplain assistants were assigned to be the chaplains’ clerks and helped with religious programs. Nowadays, chaplain assistants have a wide range of duties, ranging from setting up services or working as a fund manager to providing security for chaplains on the battlefield.

Master Sgt. Fred Bueno is the noncommissioned officer in charge at the Installation Chaplain Office and oversees the 25 chaplain assistants who provide religious support on Fort Jackson.

Bueno said his MOS has undergone some changes in the 19 years he has been a chaplain assistant.

“When I first came in, we were focused on typing memoranda, for example, about Soldiers coming in for compassionate reassignment or hardship discharge. We were the experts in preparing those documents for the chaplain,” Bueno said. “In 2001, we transitioned to the operational side. ... Now it’s all about security — going downrange and providing security for the chaplain, setting up for a service in a combat environment, preparing the unity ministry for deployment. It’s not a major change, but it’s a shift from the admin into the operational role for the chaplain assistants.”

That shift is also reflected in the Advanced Individual Training chaplain assistants receive. One of the tasks stu-



Photo by SUSANNE KAPPLER

Staff Sgt. Desmond Peacock, U.S. Army Chaplain Center and School, instructs students in Advanced Individual Training for chaplain assistants.

dents face during the seven-week course is to prepare a religious area impact assessment, explained Staff Sgt. Desmond Peacock, an instructor with the U.S. Army Chaplain Center and School.

“We give (the students) a country and certain questions that they have to answer. For instance, ‘What are the indigenous religions in that area? How are they viewed by the population? What are their myths? What are their doctrines?’” Peacock said. “The reason why we do that is because when you get to your unit and you are deploying to a certain area, your commander may want you to give him a religious area impact assessment.”

In addition to classroom training on various subjects, new chaplain assistants will also participate in a four-day situational training exercise, during which they practice warrior tasks and battle drills and learn how to accommodate religious support while on the battlefield, Peacock said.

One of the unique things about the MOS is that Soldiers fresh out of AIT are assigned to work directly for an officer, Bueno said. Being part of a two-person ministry team

forges a strong relationship between chaplains and their assistants, especially during deployments, Wackerhagen said.

“One of the first lessons chaplains learn in the combat environment is that they need their chaplain assistant if they expect to survive for very long,” he said. “Those relationships that are forged in the crucible of hardships, deployment or war remain strong throughout the years and create the kind of personal and professional respect that chaplains and chaplain assistants have for each other.”

That respect extends beyond just the personal relationship, Bueno explained.

“To be a successful chaplain assistant and to be a good one, you have to be respectful to others. The respect you show for your leaders and fellow Soldiers should reflect your respect for their religious beliefs, whatever they may be,” he said. “You have to be able to respect their opinions, their ideas. You have to be able to accommodate everyone’s faith.”

Peacock said it is not uncommon for a chaplain assistant to work for a chaplain who is of a different faith than his or her own or to be assigned to support services of a different faith.

“We do have to be very sensitive to other faiths, because you will encounter and you will have to be with Soldiers who do not believe in what you believe in, or maybe not believe in anything at all,” he said.

Bueno said that even though chaplain assistants provide religious support, there is no requirement for them to be religious or spiritual.

“I’ve also seen chaplain assistants of no faith who have done better than the ones who claimed to have been very faithful,” he said. “You can be an atheist and be a chaplain assistant.”

Peacock and Bueno both said that being a chaplain assistant is hard work, but very rewarding.

“Moving (to USACHCS) as an instructor, it becomes even more rewarding, because I get to give my experiences to the new Soldiers coming into the field,” Peacock said. “We give them a foundation, a base, so that they’re prepared to go to their duty stations. And they’re prepared to accommodate religious support to the Soldiers in their unit on the battlefield and in the garrison environment.”

Susanne.Kappler1@us.army.mil

Eastover Soldier provides religious support for elite unit



Courtesy photo

Sgt. Eric Tysinger, now with the 75th Ranger Regiment Headquarters at Fort Benning, Ga., is shown on patrol in Iraq.

By **DELAWESE FULTON**
Fort Jackson Leader

For Richland County native Sgt. Eric Tysinger, service is spiritual.

Tysinger has served as a chaplain assistant for about five years. At Fort Benning, Ga., he is among several chaplain assistants for the 75th Ranger Regiment Headquarters, which is an elite light infantry special operations unit of the Army.

As a chaplain assistant, Tysinger supports the missions of the post’s chaplains and chapels.

“Originally, I was going to be a chaplain ... and I earned a four-year degree in religion from Southern Wesleyan,” Tysinger. “I then attended Lutheran Theological (in Columbia), but I didn’t finish seminary. So, I enlisted as a chaplain assistant. It was a way that I could still be

part of ministry.”

Tysinger lives in the Columbus, Ga., area with his wife and stepson. Below are his thoughts about being a chaplain assistant, a role that he believes is “a calling.”

What are some of the things that you do as a chaplain assistant?

It is kind of like a jack-of-all-trades. However, your primary mission is force protection for the chaplain. We coordinate programs, such as “Strong Bonds,” for marriage counseling. If a chaplain is traveling, we tend to his arrangements.

Is it necessary for a chaplain assistant to be spiritual or religious?

(For me) a strong faith in God is vital. If a chaplain’s assistant does not believe

in God, then they are not going to believe in the missions of the chaplain. And others will see this.

What are some other important characteristics of a chaplain assistant? What things help make an ideal chaplain assistant?

They are professional. They are self-sufficient. They are proactive and internally motivated. They have initiative. And, it helps immensely if chaplain assistants are spiritual.

Delawese.Fulton@us.army.mil

Note: Those interested in serving as a chaplain assistant for the Ranger Regiment Headquarters can e-mail Tysinger for more information at *Roger.Tysinger@us.army.mil*.

Concerts deliver spiritual message

By **SUSANNE KAPPLER**
Fort Jackson Leader

More than 4,000 Soldiers packed the Solomon Center Sunday for the last event in this year's summer concert series, featuring Christian artist Bethany Dillon.

For the second year, the monthly series brought a variety of Christian performers to Fort Jackson.

"The Installation Chaplain Office hosted some Christian music concerts in the past, but last year we agreed to have six large joint worship services featuring a variety of Christian music during the summer surge," said Chaplain (Lt. Col.) Daniel Wackerhagen, deputy installation chaplain. "Each worship concert was different but they were all special and touched the hearts of all those who attended."

Dillon, who has performed in front of military audiences before, said she hoped to move the Soldiers in attendance spiritually, especially during a time like Basic Combat Training when they're away from home.

"It's a huge honor to get to (play for Soldiers) and to get to have a glimpse into their lives," she said. "You have this idea of what it looks like and then you show up and you see real people's faces and you're looking in their eyes and getting a real tangible sense of their sacrifice. It's an honor to get to come and to hopefully (give them) something that's restful for them and a break."

Pvt. Jasmine Stokes, Company B, 1st Battalion, 13th Infantry Regiment, said she attends church every Sunday at home in Michigan and appreciates the chance to attend the event.

"I like her songs," Stokes said. "Her songs are happy — they make me think of home."

Wackerhagen said he hopes the series will continue next year.



Photos by **SUSANNE KAPPLER**

Bethany Dillon performs at the summer concert series Sunday at the Solomon Center. The series brought Christian musicians to Fort Jackson.

"What we hope to achieve with the worship concerts is to provide a large church experience and an up-to-date music ministry for Individual Entry Training Soldiers who profess the Christian faith," he said. "But most of all, we want to provide the Soldiers with a wonderful opportunity to join together for worship and fellowship."

Susanne.Kappler1@us.army.mil

CAMPAIGN PLAN FOCUS



The summer concert series supports the major objective "enhance religious support for Soldiers" (S.7 on the strategy map). Quality of life is one of the three lines of operation of the Fort Jackson campaign plan.



Soldiers react to the music of Bethany Dillon during Sunday's worship concert.

Housing Happenings

HOUSING SERVICES OFFICE

❑ All military personnel are required to process through the Housing Services Office as they arrive at and depart Fort Jackson. The HSO assists service members and civilians with all relocation needs. The HSO also allows property owners to list property for sale or rent. For more information, call 751-7566/5331.

COMMUNITY UPDATES

❑ LifeWork events are free and open to all residents. To register, or for more information, e-mail cowilliams@bbcgrp.com or call 738-8275. Join the LifeWorks e-mail list and stay informed. Stop by the management office and pick up a calendar of events. Visit www.ftjacksonfamilyhousing.com.

❑ Balfour Beatty Communities is now leasing to single Soldiers E6 and above. There is a limited number of apartments available on Thomas Court for single Soldiers.

Call 738-8275 for details.

❑ Yard sale items can now be listed at www.jacksonyard-sales.com.

❑ Parents should refer to Page 23 of the resident guide for information on the installation's curfew policy.

❑ Residents are responsible for cleaning up after their pets. Pets are not permitted to run loose on post. Refer to Pages 26-27 of the Resident Guide.

❑ Report any open vacant homes to Balfour Beatty Communities at 738-8275 or to Military Police at 751-3115. Parents should encourage their children not to enter vacant homes.

Never forget



Photo by **SUSANNE KAPPLER**

Soldiers with the 120th Adjutant General Battalion (Reception) unveil a monument commemorating the 9/11 attacks during the battalion's Patriot's Day ceremony Sept. 11. The ceremony included a moment of silence for the victims of the attacks.

Soldiers paint positive image of Army

Special to the Leader

Fifty Soldiers with Company A, 3rd Battalion, 34th Infantry Regiment took a break recently from training new Soldiers on proper marksmanship techniques to do some training on proper painting techniques.

The Soldiers recently took on the project of repainting a large map of the United States in the courtyard of Richland I's Caughman Road Elementary School.

The project is the first of many to follow in the developing relationship that the unit has established with the school as part of the Adopt-a-School program. The program's purpose is to raise public awareness about the Army's mission and foster good relations with the local community.

For the Soldiers, it allowed them to make an immediate difference for about 600 elementary school children who pass the mural each day.

"The Soldiers had an awesome time, they had an opportunity to see the military in a different light, how service to their country has a direct impact on their immediate community," said Capt. Nicole Downs, company commander. "If I could give all my Soldiers that opportunity, I would."

Staff Sgt. Lori Cain shared a similar sentiment.

"The Soldiers (enjoyed) it a great deal. It gave them an opportunity to see that the military is more than just going to combat, but it also involves giving back something to the community," said the drill sergeant.

Over the course of the next school year, many projects and activities have been identified for voluntary participation by cadre and Soldiers.

Cadre will visit the school each week to participate in the school's reading program and Lunch Buddy Program, which pairs at-risk children with mentors.



Courtesy photo

Soldiers with Company A, 3rd Battalion, 34th Infantry Regiment, repaint a map of the United States in the courtyard of Caughman Elementary School as part of the Adopt-a-School program.

On Friday, the unit's color guard instructed the school's student color guard on the proper care and handling of the U.S. flag. The drill sergeants taught students how to properly fold the flag, how to present the colors and how to properly raise and lower the flag on the school's flagpole.

In addition, the unit will supply guest speakers for events such as the school's Veteran's Day presentation in November, Medal of Honor Day presentation in March, and Career

Day in April.

Volunteers will also train fifth graders in land navigation during their orienteering field trip to Sesquicentennial Park in November.

Lt. Col. Bryan Hernandez, battalion commander, said, "We get a chance to engage with our local community and through events like these provide a reminder to our Soldiers why we serve."

90 and Army Strong



Photo by STEVE REEVES

Retired Lt. Col. William Bartlett, left, presents retired Col. Joseph Bush with a racquetball signed by Bush's workout partners and friends during a birthday party for Bush Sept. 11 at Perez Fitness Center. Bush, who was celebrating his 90th birthday, is a World War II veteran. He works out and plays racquetball at Perez Fitness Center three times a week.

Anchors away

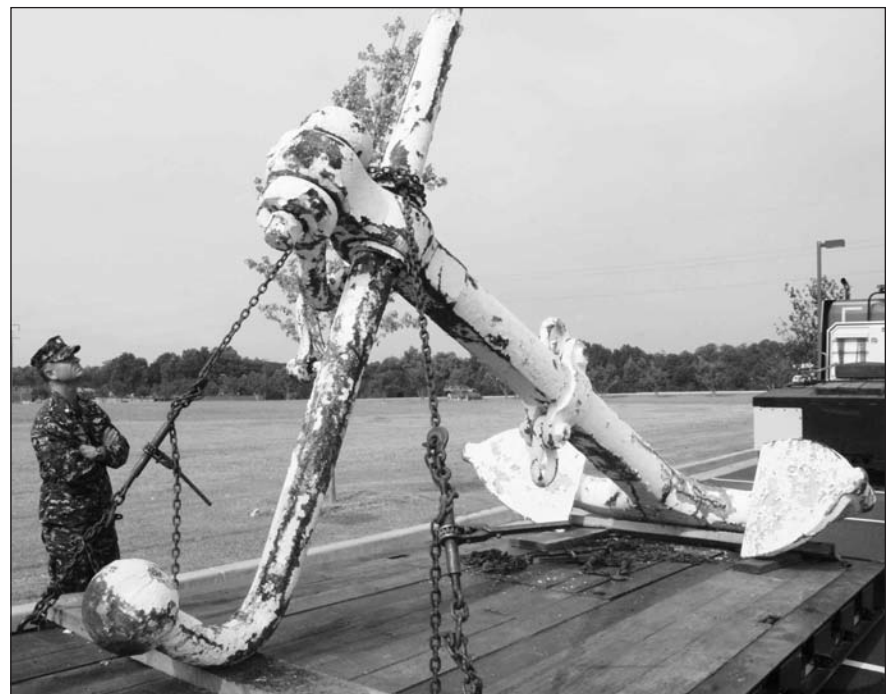


Photo by STEVE REEVES

Navy Chaplain (Lt. Cmdr.) David Thames inspects a 7-ton anchor before it is unloaded at the Naval Reserve Center Sept. 10. Thames said the anchor is believed to have been aboard the USS Constellation, the Navy's last all-sail warship, which is now on display in Baltimore's Inner Harbor. The anchor is one of two that will be restored and displayed at the new Naval Chaplaincy School and Center.

Good intentions get better with commitment

One of the biggest stories ever told is, “I’ll try.” Have you ever invited someone to attend a social event just to hear the person say, “I’ll try”? Often, when someone asks us to do something, we might respond by saying, “I’ll try.”

My experience, however, has been that people who respond in this manner either have not made up their mind or they have no intention of doing it. In other words, there is no commitment.

People have good intentions, but may not carry through on their intent. Intention means a determination to act on something specific or to act in a specific manner.

Have you had good intentions to get that home project completed? How about the best intentions of starting your own business, losing weight, to stop smoking or exercising more? The list can go on and on.

Other commitments can become a priority and get in the way of well-meaning intentions, however not accomplishing what you intended means fewer goals (big or small) that you achieve in your life.

Intentions can be powerful when you follow these strategies:

SET WELL-DEFINED GOALS

Break down a major project or goal into smaller, achievable goals that become a stepping stone to the larger one. Not only are you achieving a major goal step-by-step, but the feeling of success accumulates as you accomplish each milestone.

COMMENTARY

By **YVONNE CORPPETTS**
Special to the Leader



PRIORITIZE

We can get sidetracked by spending too much time involved in activities that are unimportant, trivial or time wasters.

Prioritize activities and your time to do things that are either urgent or important before activities that do not need your immediate attention.

TRACK PROGRESS

Days, weeks, months, even years can literally slip by when you start, then stop or put aside tasks or ideas you never quite get back to. Write down goals and keep a record of timelines for completing each one.

VISUALIZE THE FINISHED PRODUCT/GOAL

Keep in mind an image of having completed your goal. Visualize already being successful at what it is you want to accomplish.

MINIMIZE DISTRACTIONS

The late Beatles star John Lennon said, “Life is what happens to you while you are busy making other plans.” Sometimes the unexpected or uncontrollable happens. However, there are situations we can avoid that minimize those things that take us away from our good intentions.

REWARD

Acknowledge even the small successes in your life. Pat yourself on the back, go out to dinner or buy a gift to celebrate accomplishments.

TIME OUT

Relax, relate, release! Good intentions and dynamic goals can go awry when you do not take the time to manage stress and reenergize.

SUPPORT

Life is not lived in a vacuum. Surround yourself with nurturing, supportive people. Ask for help when you need it.

Good intentions can be the building blocks to behaviors and activities that make you successful in much of what you do. Drop the, “I’ll try.” Say what you mean and mean what you say. Make a commitment and be persistent with the best intention.

Yvonne Corppetts is a retired Air Force officer who resides in Elgin.

Fort Jackson talks back:

How have the attacks of 9/11 changed your life?



Ariel Santana
Veteran

“I served in the Army for seven years. It has changed my life in that I don’t take things for granted. Just because we’re in the USA doesn’t mean we are untouchable. I now focus on my family and how important that is.”



Sterlin King
AAFES
Concessionaire

“I am more cautious of other people and their mannerisms. I am more watchful.”



Pvt. Kenisha Brown
Company B, 1st Battalion,
34th Infantry Regiment

“It really hasn’t changed my life. I was 12 years old when it happened, living in Maryland. I really didn’t (understand) what had happened.”



John Hall
AAFES
Concessionaire

“I was 16 years old when it happened. I remember I was in school. Every class stopped, and we watched TV to see what was going on. It was a big moment in our history. Since then, I have noticed a lot of (security) changes on post.”



Ramona Martinez
Family member

“At the time, we were living in Connecticut. I never thought I would want any of my children in the military, but that day changed that. If we don’t protect ourselves, who will?”



Venice Corinthian
AAFES
Concessionaire

“I didn’t lose anyone on 9/11, but seeing how it has affected so many families, it has really touched my heart. My heart goes out to those families who lost their loved ones so tragically.”

Saluting the cycle's Basic Combat Training honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt.
Natisha Baylor
Company A
2nd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Atticus Dyer

SOLDIER OF THE CYCLE
Pvt. Nicole Dey

HIGH BRM
Pvt. Anthony Baker
Pvt. Leonardo Salazar
Pvt. Alexander Shirley

HIGH APFT SCORE
Pvt. Morgan Gartrell



Staff Sgt.
Jason Lopinto
Company B
2nd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Nicole Ellenson

SOLDIER OF THE CYCLE
Pvt. Brooklyn Welch

HIGH BRM
Pfc. Joshua Jorgensen

HIGH APFT SCORE
Spc. Achan Kilat



Staff Sgt.
Nova Johnson
Company C
2nd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Nicholas Brown

SOLDIER OF THE CYCLE
Pfc. Heika Bergmann

HIGH BRM
Pfc. Marlon Manzueta
Pvt. Isaac Rothfuss
Pvt. Phillip Wyant
Pvt. Benjamin Gretka

HIGH APFT SCORE
Pvt. Marissa Bainer



Staff Sgt.
Thomas Wrinkle
Company D
2nd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Nawres Al Mamoori

SOLDIER OF THE CYCLE
Pfc. Betsy Kopp

HIGH BRM
Pvt. Lucas Schulte

HIGH APFT SCORE
Pvt. Micah Viernes



Sgt. 1st Class
Joshua Holthus
Company E
2nd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pfc. Takato Watanabe

SOLDIER OF THE CYCLE
Pvt. Anthony Sorrell

HIGH BRM
Pfc. Robert Campbell

HIGH APFT SCORE
Pfc. Ariel Kubissa



Sgt. 1st Class
Gilbert Hodge
Company F
2nd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Patrick Reed

SOLDIER OF THE CYCLE
Pvt. Jadica Piela

HIGH BRM
Pfc. Arnet Brantley

HIGH APFT SCORE
Spc. Tyler Smith

SUPPORT AWARDS OF THE CYCLE

SERVICE SUPPORT AWARD
Levon Knight, Ernest Bostick

DFAC AWARD
Tonya Parnell, Nathan Williams

www.myarmyvoice.org

*Make your voice HEARD,
by taking only 20 minutes to provide
your valuable feedback
on Garrison services at your installation.*



**I WANT YOU
TO TAKE THE
CUSTOMER
SERVICE ASSESSMENT**

**RATE THE
IMPORTANCE and PERFORMANCE
of Garrison services.**

come back

CUSTOMER MANAGEMENT SERVICES

Survey is open to all eligible patrons
from Aug. 24 through Sept. 18

A three-tiered customer feedback process that includes
Interactive Customer Evaluation, Community FIRST and Customer Service Assessments

FOR MORE INFORMATION VISIT www.imcom.army.mil



Fort Jackson needs your help. By completing the 2009 Customer Service Assessment, you can help Fort Jackson by providing garrison leadership feedback on the post's various agencies. This short survey is your opportunity to provide a "report card" to garrison leaders about the level of services provided. The community's participation is an important part of ensuring that garrison meets its customers' needs.

All Soldiers, family members, retirees, veterans and civilian employees are encouraged to participate in the assessment.

Recurring meetings

WEEKLY

Walking away stress
Mondays and Fridays, 9 a.m. at the pecan orchard near the post office on Early Street, 751-6325.

Play group
Mondays, 10-11:45 a.m., Room 8, 5615 Hood St., for children 4 and younger, 751-1071/6304.

Range control briefing
Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.

Columbia Composite Squadron (Civil Air Patrol)
Mondays, 6:30 p.m., Owens Field, main conference room. E-mail *tom.alsup@gmail.com* or visit *www.scwg.cap.gov*.

Helping Everyone Reach Optimum Strength
Tuesdays, 5-6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members, 751-2160/2183.

Protestant Women of the Chapel
Thursdays, 9:30 a.m. to 12:30 p.m., Main Post Chapel, Bible study and fellowship. Home schoolers are welcome. Free child care is available. E-mail *pwocjackson@yahoo.com*.

Military Widows/Widowers Association
Sundays, 2 p.m., Moncrief Army Community Hospital, eighth floor, 787-2469.

MONTHLY

Ladies Auxiliary
Second Sunday of the month, 3 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

Seabees
Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.

Veterans of Foreign Wars Post 641
Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

La Leche League breastfeeding support group
First Tuesday of the month, 10 a.m. to noon, Room 8, 5615 Hood St., 751-5256/6325.

Sergeant Audie Murphy Club
First Tuesday of the month, 11:30 a.m., Post Conference Room, *www.jackson.army.mil/360/SA MC/home.htm*.

American Legion Post 182
First Tuesday of the month, 7 p.m., Officers' Club, 351-2333.

National Federation of Federal Employees
Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622 or *NFFE@conus.army.mil*.

Disabled American Veterans
Second Tuesday of the month, 6 p.m., 511 Violet St., West Columbia, 796-7122.

Fleet Reserve Association Unit 202
Third Tuesday of the month, 1 p.m., 2620 Lee Road, 482-4456.

Vietnam Veterans of America Chapter 303
Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.

Purple Heart #402
Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.

Better Opportunities for Single Soldiers
First and third Wednesday of the month, 1:30 p.m., 4405 Jackson Blvd., 751-1148.

Victory Riders Motorcycle Club
First and third Thursdays of the month, 5 p.m., Magraders Club. E-mail *sec@fjvictoryriders.com*.

Weight Loss Surgery Support Group
— Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.
— Second and fourth Tuesday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

Society of American Military Engineers
Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.

MEDPROS training
Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail *Jaclynne.Smith@amedd.army.mil*.

Retired Enlisted Association
Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, call 740-2319 or e-mail *jrodgers11@sc.rr.com*.

92nd Buffalo Chapter 20 DAV
Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.

Fort Jackson Spouses' Club
Monthly meetings, visit *www.fortjacksonspousesclub.com* or e-mail *Ft.JacksonSpousesclub@yahoo.com*.

Veterans of Foreign Wars Gandy-Griffin Post 4262
Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.

The Ladies Auxiliary Post 4262
Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.

American Red Cross
New adult volunteers orientation, second Wednesday of the month, 9 a.m. to noon, 2179 Sumter Ave., 571-4329.

Combat Vets Motorcycle Association
Third Sunday of the month at noon. Call (774) 451-7504, e-mail *armyaguair@yahoo.com* or visit *www.combat-vet.org*.

Chrome Divas of Columbia
Second Saturday of the month at 10:30 a.m. Call 606-5402 or visit *www.thebikerchicks.com* for information.

Fort Jackson Bass Club
First Monday of the month, 7 p.m., Joe E. Mann Center. Open to active duty, retirees, DoD civilians, reservists, veterans and family members. Visit *www.jacksonanglers.com*.

SUBMISSIONS

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to *fjleader@conus.army.mil*.

Calendar

Today

Rocks Inc. meeting

5:30 p.m., Post Conference Room
All current members and those interested in mentoring or being mentored are invited.

Friday, Sept. 18-19

Commissary case lot sale

8 a.m. to 5 p.m.
Fort Jackson commissary
Valid military ID required.

Tuesday, Sept. 22

Maude Leadership Lecture

3 p.m., Solomon Center
Guest speaker will be Sgt. Maj. of the Army Kenneth Preston.

Drill sergeant spouse focus group

8:30 a.m. to 12:30 p.m., 3499 Daniel St.
All drill sergeant spouses are invited to attend. A facilitator, recorder, transcriber and issue support is also needed. For more information, or to request free child care, call 751-4926 or e-mail Dennis.Ramirez2@conus.army.mil.

Wednesday, Sept. 23

Bloodmobile blood drive

9 a.m. to 2 p.m., MACH main entrance
All donors will be entered into a statewide drawing for a \$1,000 gas card. Call 360-2036 for information.

Friday, Sept. 25

A.T. E.A.S.E. program

“A very merry un-birthday celebration”
6-8 p.m., Main Post Chapel
Take a new or used book to exchange. Child care is provided with advance registration. For information, Call 708-2869/0656 or e-mail at_ease_jackson@yahoo.com.

Announcements

EVENING GRADUATION

The 3rd Battalion, 13th Infantry Brigade graduation has been rescheduled for 5 p.m., Oct. 15 at Hilton Field.

PAO CLOSURE

The Public Affairs Office will be closed from 8 a.m. to 1 p.m., Sept. 17-18 and Sept. 24-25. Call 629-7836 for emergency assistance.

SSI CLOSURE

The Soldier Support Institute will be closed beginning 10:30 a.m. Friday. Call 751-5009 for assistance during that time.

NEW EMPLOYEE ORIENTATION

The next New Employee Orientation is scheduled from 8 a.m. to noon, Sept. 24, at 2300 Magruder St., Room 239. Newly appointed mission employees are also required to attend the Green Course, which is scheduled from 1 p.m., Sept. 24 to 4 p.m., Sept. 25. The course is designed to orient and inform newly appointed federal

civilian employees GS-5 and above, interns and fellow participants. Call 751-5082 for information.

SEASONAL FLU DRIVE

Seasonal flu shots for active duty dependents, TRICARE-authorized beneficiaries and retirees will be given at the Solomon Center beginning Oct. 5. Shots will be given Monday and every other Saturday, 8 a.m. to 2 p.m. and Wednesday, 10 a.m. to 5 p.m. On-post teachers, parents and children may receive flu shots at the following times: Pinckney Elementary, Oct. 6 and 8, 7-9 a.m.; Pierce Terrace Middle School, Oct. 13 and 15, 7-9 a.m.

CHAPEL OPEN HOUSE

The ChapelNext service has relocated to the Bayonet Chapel on Kemper Street, across from the new Drill Sergeant School. The next service is scheduled from 11 to noon, Sept. 20. After the service, everyone is invited to an open house to view the new location.

AUSA GOLF TOURNAMENT

The Fort Jackson-Palmetto State Chapter of the Association of the U.S. Army has scheduled its annual J. Willis Cantey Memorial Golf Tournament for Wednesday, Sept. 30 at the Fort Jackson Golf Course. The tournament is open to everyone. Registration begins at 11 a.m. Shotgun start at noon. To register or for information, contact C3601@ausa.org or SbButler@bellsouth.net.

WEST POINT BRIEFING

Soldiers interested in attending West Point are invited to attend a Soldier admissions information briefing at 3 p.m., Sept. 27. The tentative location is the Solomon Center. Eligible Soldiers can be no older than 23 by July 1 of the year they enter West Point, must have completed Basic Combat Training, be a U.S. citizen prior to arriving at West Point, be unmarried with no dependents and have a high school diploma or GED.

ASE EXAMINATION

Registration for the Automotive Service Excellence examination is open through Tuesday. The ASE exam is scheduled for Nov. 5, Nov. 10 and Nov. 12 at the Education Center. Call 751-7440 for information.

HARLEY DAVIDSON GIVEAWAY

Authorized shoppers can register at AAFES locations for a chance to win a Harley Davidson Sportster 883 Low through today. The winner will be randomly selected Nov. 2 from participants throughout all of AAFES' locations worldwide. The motorcycle is valued at \$10,000.

CHURCH GOLF TOURNAMENT

Saint John Baptist Church has scheduled its inaugural Israel Brooks Memorial Golf Tournament for 9 a.m., Sept. 21 at the Fort Jackson Golf Club. Prizes will be awarded to the winning four-person

teams. For more information, call 381-4833, 397-9044 or 397-6217.

THRIFT SHOP NEWS

The Thrift Shop will accept Halloween items this month and October; Thanksgiving items will be accepted in October and November; and Christmas items will be accepted in October, November and December.

NAVY BIRTHDAY BALL

The U.S. Navy Expeditionary Combat Readiness Center Detachment at Fort Jackson has scheduled a Navy Birthday Ball, 6 p.m., Oct. 3, at the Marriott Columbia. Attire for military members is service dress blue (dinner dress is optional). Attire for civilians is coat and tie (black tie is optional). Call 719-3338 for tickets or information.

NATIONAL GUARD EXPO

The S.C. National Guard Air & Ground Expo is scheduled for Oct. 10-11 at McEntire Joint National Guard Base. Events include the Army's Golden Knights, flyovers, military displays, combined arms demonstrations and more. Visit <http://scguardnow.net> for information.

SCHOOL ADVISORY BOARD

The Fort Jackson School Board has five open positions. Parents with children enrolled in a Fort Jackson school may seek election to the school board. Candidates may either be nominated by at least one other parent or submit their own name as a write-in candidate the day of the election. Nomination forms must be turned in by noon today. Elections are scheduled from 8 a.m. to noon, Sept. 25 at each school.

Housing events

Tuesday, Sept. 22

Neighborhood huddle

5:30 p.m.

Thursday, Sept. 24

Breakfast on the go

Chick-fil-A on Decker Boulevard will be providing free breakfast for families on their way to school.

Neighborhood huddle

10 a.m.

Friday, Sept. 25

Friday night live

6 p.m.
Teens only! This month's theme is karaoke fun. Snacks provided.

Monday, Sept. 28

Box tops for education

Collect box tops from a variety of products all month and drop them off to earn 10 cents per top for local schools.

Every Tuesday

Walking club

9 a.m.
Strollers are welcomed.

Pet of the Week



Photo by OITHIP PICKERT

A 3-month-old white, female tabby kitten is available for adoption. For information on pet adoption or other services, call the Veterinary Clinic at 751-7160.

Every Wednesday (New)

Salsa dancing

6 p.m.

Come by to learn how to salsa dance.

Every Thursday

Kids' day

10 a.m.

All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information, call 738-8275.

Sports shorts

❑ Letters of intent for fall tennis are due Sept. 28. Letters should include tennis experience in years. The fall tennis season is scheduled for Oct. 5-23.

SPORTS STANDINGS

The season's final basketball standings are as follows:

- 1st place — S.C. National Guard
- 2nd place/1st place commander's cup — 165th Infantry Brigade
- 3rd place — 80th Division

The final summer softball standings are as follows:

- 1st place — Recruiting and Retention School
- 2nd place — 4th Battalion, 10th Infantry Regiment

YOUTH SPORTS

It's time again for the 2009 youth sports seasons. The cost for each sport is \$30 for the first child and \$27 for each additional child. Call 751-4865/4824 to register.

— **Flag football** (6-13 year olds): Season runs through Nov. 7.

— **Cheerleading** (3-18 year olds): Season runs through Nov. 7.

— **Soccer** (3-18 year olds; children older than 9 will be registered in an off-post league). Season runs through Nov. 7.

— **Volleyball** (7-18 year olds): Season runs Sept. 21 through Nov. 21.

Suicide prevention one aspect of personal wellness

By **CHAPLAIN (LT. COL.) SCOTT WEICHL**
U.S. Army Center for Health Promotion
and Preventive Medicine

September is designated Army Suicide Prevention Month with the intent of improving the health of the Army's most precious assets — Soldiers, families and civilians.

Suicide prevention is only one aspect of this health improvement. Healthy living also addresses high-risk behaviors, which often mask underlying challenges in a person's life.

The Army is committed to improving the physical, spiritual and behavioral health of all who serve. This is being done through a variety of ways and opportunities for personal wellness.

The U.S. Army Center for Health Promotion and Preventive Medicine maintains a Web site linking users to many different resources. These resources are provided to promote personal growth, leading toward more healthy behaviors.

Just as each of us has a role in reducing the suicide rate, we also have a responsibility to assume healthy personal growth strategies.

Resources, encouragement and ease of access are there for each person to take advantage of these opportunities. If you do not find what you are seeking, talk to your chaplain, a behavioral health provider or other trusted source to get

HELPFUL WEB SITES:

❑ CHPPM's AKO site for Suicide Prevention products, resources, research and prevention and links to other sites: <https://www.us.army.mil/suite/page/503094>

❑ CHPPM's publication and products e-catalog for ordering behavioral health and suicide prevention products: http://chppm-www.apgea.army.mil/hio_public/orders.aspx

you started in the right direction.

Several resources being reviewed for release in the fall include Suicide Prevention Awareness Training for Army leaders, Soldiers, families and civilians. The new videos and presentations also include closed-captioning for hearing impaired families and civilians.

The technical guides help make presentations easier and address many of the questions that arise during the group discussions. The ACE and tip cards provide easy ways to remind ourselves of the signs and responses for intervening in crisis situations, or at times when we are concerned about a friend, family member or peer.

As we focus on health and wellness, each of us has an important role in supporting health promotion, risk reduction and suicide prevention efforts.

Updating DEERS ensures continuous service

TRICARE Management Activity

Important life events, such as moving or a child going off to college are milestones in military families' lives. No matter where their journeys take them, it is important for families to keep their Defense Enrollment Eligibility Reporting System records up to date whenever they hit these and other milestones.

For TRICARE beneficiaries, keeping DEERS records up-to-date means uninterrupted access to TRICARE's health care.

DEERS is the worldwide computer database of uniformed service members (sponsors), their family members and others eligible for military benefits, including TRICARE.

Mistakes or outdated information in DEERS can cause problems with a TRICARE beneficiary's claims. For example, retail network pharmacies check TRICARE eligibility through

DEERS, and prescriptions are filled only for beneficiaries listed in DEERS as eligible. Outdated addresses can also mean important direct mail is misdirected.

Along with changes of address, other life events that can affect DEERS records include additions to the family, either through births or adoptions; changes in a sponsor's status such as retirement; marriage or divorce; becoming entitled to Medicare; or the death of a sponsor or family member.

Sponsors are automatically registered in DEERS, but it is critical that they register their eligible family members as well.

To register family members in DEERS and receive an ID card, the family member and sponsor must bring documentation, such as a marriage or birth certificate, to a military ID card issuing facility.

To locate ID card offices by ZIP code, city or state, visit

<http://www.dmdc.osd.mil/rsl>. Sponsors should call the ID card office first to confirm what documentation is needed and for hours of operation.

Contact information on DEERS can be updated in several ways, including in person at a military ID card issuing facility; online; and by phone, fax or mail.

There are two online options. Visit <https://www.dmdc.osd.mil/mydodbenefits>, or <https://www.dmdc.osd.mil/appj/bwe>.

Beneficiaries can call the Defense Manpower Data Center Support Office at 800-538-9552 (866-363-2883 TTY/TDD) to update addresses, e-mail addresses and phone numbers. Changes can also be faxed to 831-655-8317, or mailed to: DMDC Support Office; 400 Gigling Road; Seaside, CA 93955-6771

For more information regarding DEERS and how and when to update DEERS records, visit <http://www.tricare.mil/DEERS>.

MACH updates

FLU IMMUNIZATION PROGRAM

Preventive Medicine will conduct training on the DoD influenza immunization program today and Sept. 24, 9-10 a.m. in the Moncrief Army Community Hospital staff conference room on the third floor. For more information, call 751-5035.

CATARACT SCREENING

The Moncrief Army Community Hospital Ophthalmology Clinic will conduct quick cataract evaluations Oct. 21 for all beneficiary categories, including active-duty family members, retirees and retiree family members. A referral is not necessary to call for an appointment. To schedule an appointment, call 751-5406.

APPOINTMENTS ANNOUNCED ON TWITTER

MACH is announcing same-day appointments for primary care on Twitter. These are appointments that were initiated by a patient but were canceled. The open appointment will become available to the first patient to request it. Sign up at www.twitter.com/machcsd.

CANCELLATIONS

To cancel an appointment after duty hours, call 751-2904. During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (2273).

NUTRITION CLINIC CLASSES

— Cholesterol and high blood pressure, today and Sept. 24, 2-3 p.m., Room 8-85.

— Army Weigh to Stay, Monday, 1-3 p.m., Room 8-85.

— Army Move and sports nutrition classes are now offered online. Visit www.us.army.mil. Click on "My Medical" under "self service." Scroll down to "Ultimate Warrior Community" and register for the Army Move or Hooah Buddies communities.

New MACH psychiatrist



Photo by NICHOLE RILEY, MACH

Maj. Anthony John Morton joins MACH as a staff psychiatrist and medical director of Community Behavioral Health Service. His last assignment was Wiesbaden, Germany.

Rosh Hashanah celebrates birth of humans

By **STEPHANIE ALEXANDER**
Jewish lay leader

Rosh Hashanah, the Jewish New Year, begins at sundown, Friday. The Jewish New Year is all too often compared to the American New Year: A new beginning for the tax year; a time to celebrate with family and friends by eating, drinking and being merry; and a time to start anew.

While Jews across the world celebrate with food, family and prayers, Rosh Hashanah celebrates the day on which God created Adam and Eve. It is the birthday of humankind.

The Mishnah, the core of Judaism’s oral law, contains the first reference to Rosh Hashanah as the “day of judgment” — judgment determining the fate of the wicked, the righteous and those whose standing is unclear. It is a day marking a 10-day period of repentance for humankind culminating on Yom Kippur, where the book of all our fates for the upcoming year is sealed.

For me, it is a time evoking memories of sitting all day in an non-airconditioned shul (synagogue). The men sat in the front, and the women sat in the back, separated from

the men by a partition.

I remember my grandfather sitting in his seat by the window, a row occupied by my family for three generations. All day they sat and prayed; praying for forgiveness for their indiscretions against God and man, and praying for another year of health, prosperity and the opportunity to serve God in all his glory.

How can we change our judgment for the better? How do we renew our hearts and souls? How do we rejuvenate our lives? Or for that matter, how does humankind?

T’shuva, tephilah u’tzedakah maverin et roeh hagezareh: “Repentance, prayer and charity change the evil of the decree.”

For 10 days, we pray that God will forgive us of our sins against him and our fellow man, and place and seal our name in the book of life for another year. We never know if we are forgiven. What we do know, is what people of all beliefs and faiths know: Do what is right for ourselves and our fellows, serve God and our communities.

The final plea for God’s forgiveness is on the evening of Yom Kippur, the Day of Atonement. We assemble after a final meal before a fast begins, and we ask God to relieve

us of all our contracts and promises; not those contracts and promises we made with man, but for those promises and contracts we made with God.

In an ancient Aramaic prayer, the holy ark is opened and all the Torah scrolls are removed. A cantor chants “*Kol Nidre*” — “All personal vows we are likely to make, all personal oaths and pledges we are likely to take between this day of Yom Kippur and the next Yom Kippur, we publicly renounce. Let them all be relinquished and abandoned, null and void, neither firm nor established. Let our personal vows, pledges and oaths be considered neither vows nor pledges nor oaths.”

It is said three times, each time with increased emotion. And then, the scrolls are replaced.

It is a powerful time, as it is an open declaration of the frailty of humankind.

The world is created this day. It is new. Answer the call of the blowing shofar, a trumpet made from a ram’s horn. Today is an opportunity to shed our “old baggage.”

So, happy 5,770th birthday, humankind, and *shanah tovah u’mitukah* — may the coming year be a good and sweet one for you!



PROTESTANT

- Sunday
8 *a.m.* and 11 *a.m.* Daniel Circle Chapel (Gospel)
7:45 *a.m.* Bayonet Chapel (Hispanic)
9 *a.m.* and 10:30 *a.m.* Magruder Chapel
9:30 *a.m.* Main Post Chapel
10:45 *a.m.* Post-wide Sunday School (Main Post Chapel)
11 *a.m.* Memorial Chapel
11 *a.m.* Chapel Next, Bayonet Chapel
- Wednesday
6 *p.m.* Prayer Service Daniel Circle Chapel
7 *p.m.* Gospel Mid-week Service Daniel Circle Chapel

Protestant Bible Study

- Monday
7 *p.m.* Women’s Bible Study (PWOC — Main

- Post Chapel, Class 209)
- Wednesday
7 *p.m.* Anderson Street Chapel
7 *p.m.* Daniel Circle Chapel
7 *p.m.* Gospel Congregation’s Youth (Daniel Circle Chapel)
- Thursday
9:30 *a.m.*-noon Women’s Bible Study (PWOC, Main Post Chapel)
6 *p.m.* Neighborhood CMF/OCF Bible Study (Call 790-4699)
7 *p.m.* LDS Bible Study (Anderson Chapel)
- Saturday
8 *a.m.* Men’s Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

- Saturday
11 *a.m.* Daniel Circle Chapel (third Saturday)
- Sunday
5 *p.m.* Main Post Chapel

CATHOLIC

- Monday-Thursday
11:30 *a.m.* Mass (Main Post Chapel)
- Sunday
8 *a.m.* Mass (MG Robert B. Solomon Center)
11 *a.m.* Mass (Main Post Chapel)

- 9:30 *a.m.* CCD (Education Center)
9:30 *a.m.* Adult Sunday School
12:30 *a.m.* Catholic Youth Ministry
- Wednesday
7 *p.m.* Rosary
7:30 *p.m.* RCIA/Adult Inquiry

ANGLICAN/LITURGICAL

- Sunday
8 *a.m.* Memorial Chapel

ISLAMIC

- Sunday
8-10 *a.m.* Islamic Studies (Main Post Chapel)
- Friday
12:30-1:45 *p.m.* Jumah Services (Main Post Chapel)

JEWISH

- Sunday
9:30-10:30 *a.m.* Memorial Chapel
10:30-11:30 *a.m.* Jewish Book Study (Post Conference Room)

CHURCH OF CHRIST

- Sunday
11:30 *a.m.* Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
9:30 *a.m.* Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

Daniel Circle Chapel

3359 Daniel Circle, corner of Jackson Boulevard, 751-4478

Main Post Chapel

4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469

Bayonet Chapel

9476 Kemper St., 751-4542

Family Life Chaplain

4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780

Anderson Street Chapel

2335 Anderson St., corner of Jackson Boulevard, 751-7032

Education Center

4581 Scales Ave.

Magruder Chapel

4360 Magruder Ave., 751-3883

120th Rec. Bn. Chapel

1895 Washington St., 751-5086

Memorial Chapel

4470 Jackson Blvd., 751-7324

Chaplain School

10100 Lee Road, 751-8050

Cheap flights may not be ticket home

By **CAPT. PATRICK BARRETT**
Legal Assistance Attorney

With block leave quickly approaching, many Soldiers have already started looking for plane tickets home so they can spend the holiday season with their families.

However, Soldiers should be cautious when purchasing tickets. Many people are pinching pennies and are looking for any deals they can get. As a result, these people will buy the cheapest available plane ticket home, which will most likely be a nonrefundable ticket.

The Army has a legal right and moral obligation to maintain the health and welfare of its Soldiers. Therefore, Soldiers can be ordered to stay on post if they are diagnosed with H1N1 influenza. Remember, leave is a privilege, not a right. This means that an infected Soldier might miss a flight home if he or she is forced to remain on post.

The purchase of a nonrefundable plane ticket home combined with a travel restriction because of contraction of H1N1 can result in a waste of hundreds of dollars.

If you purchased a nonrefundable plane ticket home and are forced to miss the flight because of a travel restriction, the claims office cannot reimburse you for that ticket. Army Regulation 27-20, Chapter 11-6 specifically forbids this reimbursement. It states:

“Loss of property that has no extrinsic and marketable value but is merely representative or evidence of value, such as non-negotiable stock certificates, promissory notes, bonds, bills of lading, warehouse receipts, insurance policies, baggage checks, and bank books, is not compensable. Similarly, a claimant may not be compensated for the inability to use nonrefundable tickets or recover lease or utility deposits.”

A plane ticket is merely a piece of paper or printout that

represents the value of a service, which is an airline’s transportation of you to your destination. Since it has no actual value, it cannot be reimbursed.

There are a few ways you can try to protect yourself from falling into this unfortunate situation. First, you can do your best to avoid getting the H1N1 flu. Hand soap and sanitizers are mass-produced for a reason. Even if you use these products though, there is still no guarantee that you will not acquire the illness, because nature is, for the most part, unpredictable.

The easiest and most effective way to protect yourself is to buy a refundable plane ticket. Spend the extra \$30 or so required to ensure that your ticket is refundable. If you cannot buy a refundable ticket to your destination, try buying a ticket where you can change its dates and times for a fee. Even if money is tight, the extra money spent is a worthwhile investment.

Regulation outlines establishment of Family Care Plan

By **SGT. 1ST CLASS KIMBERLY TURNER**
Assistant Inspector General

Two days before a field training exercise, Sgt. 1st Class None rushed his child to the hospital. The child was previously diagnosed with brain cancer. None called his first sergeant to ask if he could be placed on rear detachment because of his child’s hospitalization.

Because his wife was in BNCOC at Fort Sam Houston, she was unavailable to care for the child. Because the command determined he was mission essential during the field exercise, None’s request was denied.

The first sergeant told him to activate his family care plan because he would be moving out in two days. None decided to file an IG complaint regarding the command’s

decision.

None was aware of the requirements to establish a FCP because of his dual military status. He knew he was required to implement the plan for deployment or temporary duty. Before None’s wife left, the commander recertified the care plan with them both.

During the recertification process, the commander reviewed the approved DA Form 5305 (Family Care Plan) which included a designation of escort, short and long term guardianship.

A Family Care Plan Counseling Checklist (DA Form 5304) was signed by both service members. The power of attorney (DA 5841), Certificate of Acceptance as Guardian or Escort (DA Form 5840), Application for Uniformed Identification Card — DEERS Enrollment (DD Form

1172), Authorization to Start, Stop, or Change an Allotment (DD Form 2558) and letter of instruction were verified.

When the commander approved the Family Care Plan, he informed None that he may consider extenuating circumstance in his decision making. The command was aware that None’s child had been diagnosed with brain cancer and enrolled the child in the Exceptional Family Member Program.

Nevertheless, according to AR 600-20, paragraph 5-5, a Soldier is responsible for implementing the Family Care Plan so that he or she can be available for duty when and where the needs of the Army dictates, and perform assigned military duties without interference of family responsibility.

Family Advocacy Program supports, educates parents

Prevention, education and advocacy are the keystones of the Family Advocacy Program. The program helps families with a variety of difficult situations, such as preparing for a new baby.

The New Parent Support Program offers a variety of services to help new families adjust, such as:

— Parents Who Care is a monthly workshop that focuses on being an effective parent. This workshop teaches parents tips to manage children from infants to teenagers. Participants receive a free parenting manual, which must be picked up and reviewed before attending class. For free child care, call two weeks in advance.

— Baby Bundle is a parent support event that links new parents. The class is designed for after the birth of a baby. The new baby will receive a bundle of free items; parents will receive parenting tips and information on child development and safety. Both parents are encouraged to attend.

— Baby Basics is a course designed for the expecting first-time parent or the parent-to-be. Topics include sibling preparation, bathing, feeding, handling, diapering and dressing the infant. Fathers will receive “Dads 101” instruction on becoming a father.

— Play Group is a place where parents can informally meet and network with each other while learning about child development-appropriate practices, parenting skills and age-appropriate activities for their children — to include story time, play time and children songs.

— The La Leche League is open to all expectant mothers and nursing mothers of infants and toddlers. Receive information and meet with other mothers and mothers-to-be who are interested in breastfeeding.

— Flamingo is a life-changing support group for women. Women help each other through shared experiences. This is a great group for women who value their serenity, emotional growth and freedom.

— Home Visitation Services provide ongoing, inten-

Army Family Covenant

By **ANNETTE McLEOD**
Family Advocacy Program

sive home visiting services initiated during the prenatal period, when possible. Visits take place at least every two weeks or as needed and are designed to engage partners/fathers, and to connect families to community-based social support networks focused on the family’s needs.

The New Parent Support Team can also help with pregnancy, childhood and family issues.

— Pregnancy issues: The team provides education and support on community services; fetal growth and development; childbirth; bonding; father’s role; emotional changes; breastfeeding and nutrition.

— Childhood issues: Support is available for topics including child development; parenting classes; play and activities; and parenting support groups.

— Family issues: The team helps with stress management; relationship counseling; financial referrals; sibling rivalry; single parenting; deployment; behavioral problems; and emotional support.

The New Parent Support PLUS Program is voluntary. Licensed social workers from the Family Advocacy Program provide home visitation services. They have extensive knowledge of the issues confronting today’s parents and their home visits are sensitive to the unique challenges facing military families.

The New Parent Support PLUS Program services are designed to help families cope with stress, isolation, pre and post-deployment issues and the demands of parenthood.

For assistance or more information, call the family advocacy team at 751-6325

FMWR calendar

THURSDAY

- ❑ Visit Century Lanes for food, fun and bowling.
- ❑ Magraders Pub and Club is open for lunch.
- ❑ Visit the Officers’ Club 11 a.m. to 1:30 p.m. for specials or the buffet.
- ❑ Altered Art class with The EDGE!, 3:30-5 p.m. at 5957-D Parker Lane. Open to children 9-15. For more information, call 751-3053.

FRIDAY

- ❑ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ❑ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Jazz dinner show with Davis and Dow, 6:30-8:30 p.m., Officers’ Club.
- ❑ Men’s Club Golf Championship, noon, Fort Jackson Golf Club.

SATURDAY

- ❑ Men’s and Women’s Club Golf Championship, 8 a.m., Fort Jackson Golf Club.
- ❑ Scrabble tournament, 1-5 p.m., post library.
- ❑ Once-a-monthers league starts, 6:30 p.m., Century Lanes Bowling Center. The cost is \$16 per week.
- ❑ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ❑ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.

SUNDAY

- ❑ Men’s and Women’s Club Golf Championship, 8 a.m., Fort Jackson Golf Club.
- ❑ Family day at the Youth Services Center, 2-6 p.m.
- ❑ Traditional brunch, 11 a.m. to 2 p.m, Officers’ Club. Coat and tie are no longer required. T-shirts, running attire and flip flops are not permitted.
- ❑ Couples’ tournament, 2 p.m., Fort Jackson Golf Club.

MONDAY

- ❑ Patriot Golf Day, Fort Jackson Golf Club.
- ❑ Altered Art class with The EDGE!, 3:30-5 p.m. at 5957-D Parker Lane. Open to children 9-15. For more information, call 751-3053.
- ❑ PBA experience, 5 p.m., Century Lanes Bowling Center, \$18 per week.
- ❑ Family fun duo league, 6 p.m., Century Lanes Bowling Center, \$19 per duo.

TUESDAY

- ❑ Altered Art class with The EDGE!, 3:30-5 p.m. at 5957-D Parker Lane. Open to children 9-15. For more information, call 751-3053.

WEDNESDAY

- ❑ Karaoke night with Tom Marable at Magraders Club. Cover charge is \$5 for civilians and \$3 for military.
- ❑ Party night, 8 p.m., NCO Club. Cover charge is \$7 for civilians and \$5 for military.

ONGOING OFFERS

- ❑ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$30 per ticket, and Six Flags, \$27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the Solomon Center.



CONTACTING THE LEADER

- ❑ To submit an article, announcement or letter to the editor, e-mail FJLeader@conus.army.mil.

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor
Director,
Emergency Services/Provost Marshal
Sgt. Maj. Glen W. Wellman III
Provost Sergeant Major
Billy Forrester
Fire Chief

CASES OF THE WEEK

❑ A contractor was issued a permanent bar letter for attempting to enter the post illegally, Military Police said. Gate security guards contacted MPs after the man tried to use invalid identification to get on post. It was later determined that the man is an illegal immigrant, MPs said. MPs also reported that his employer was unaware that the man is an illegal immigrant.



❑ MPs are conducting an investigation after range control workers discovered that someone damaged ammunition amnesty boxes, at two of Fort Jackson’s ranges. MPs said. It also appeared that the lock on one of the building’s doors had been broken in an attempt to gain access, MPs said.



FORCE PROTECTION THOUGHT OF THE WEEK

**DO NOT DISCLOSE
CLASSIFIED
INFORMATION!!!!!!**



CONTACTING THE LEADER

❑ To submit an article, announcement or letter to the editor, e-mail FJLeader@conus.army.mil.